What is eosinophilic esophagitis?

Eosinophilic esophagitis is a condition that affects the esophagus, the tube that carries food from the mouth to the stomach. This condition is called "EoE" for short. In EoE, the esophagus gets called "inflammation" and EoE. EoE is much more common than we can not usually be found in the esophagus.

Diet changes or other causes might cause EoE. But they definitely might be caused by allergies, especially foods allergies.

Stool sometimes turns tan in color. It can happen in both children and adults.

What are the symptoms of eosinophilic esophagitis?

Symptoms can differ depending on the age of the patient.

Adults and teens usually have symptoms such as:

- Trouble swallowing
- Chest pain
- Gastroesophageal reflux disease (GERD)
- Nausea
-かりり

Children usually have symptoms such as:

- Feeding problems
- Refusal to eat
- Vomiting
- Weight loss
- Blue or gray lips

In a test or for eosinophilic esophagitis?

Yes. The test done most often for this condition is an upper endoscopy.

During an upper endoscopy, a doctor (called a gastroenterologist) puts a thin tube with a camera and light on the end into your mouth and down into your esophagus. He or she then looks at the lining of the esophagus and takes small samples of it. Another doctor will then look at the cells under a microscope to see if you have EoE.

How is eosinophilic esophagitis treated?

Treatment usually involves diet changes and medicines.

- Diet changes - Your doctor might have you avoid foods that could be causing your symptoms. There are 3 main ways to do this:
  - Avoid foods that tend to cause heartburn
  - Avoid foods that you are allergic to
  - Avoid foods that are hard to digest
- Medicines - Doctors can use different medicines to treat EoE. Some are called "proton pump inhibitors." This medicine is usually used to treat heartburn, which is when acid that is normally in the stomach backs up into the esophagus. People with EoE sometimes have heartburn, but the medicine can help treat EoE.

Other medicines include steroids, which help reduce inflammation. There are a few types of these medicines. The one most commonly used is called "steroids." Some medicines include enteric-coated steroids, which are used in adults and children. Some medicines include "steroids." These medicines come in a device called an "oral steroid." They are used to treat eosinophilic esophagitis.

In rare cases, EoE causes a condition called "esophageal stricture," which is a narrowing of the esophagus. The main treatment for this condition is to use medicines to relax the muscle in the esophagus, called "dilation." This procedure is done

What is eosinophilic esophagitis?

EoE is a type of inflammatory disease that affects the esophagus. EoE is most common in children and adults. EoE is caused by allergies, including food allergies.

Symptoms of eosinophilic esophagitis include:

- Trouble swallowing
- Chest pain
- Gastroesophageal reflux disease (GERD)
- Nausea
-かりり

Children usually have symptoms such as:

- Feeding problems
- Refusal to eat
- Vomiting
- Weight loss
- Blue or gray lips

How is eosinophilic esophagitis treated?

Treatment usually involves diet changes and medicines.

- Diet changes - Your doctor might have you avoid foods that could be causing your symptoms. There are 3 main ways to do this:
  - Avoid foods that tend to cause heartburn
  - Avoid foods that you are allergic to
  - Avoid foods that are hard to digest
- Medicines - Doctors can use different medicines to treat EoE. Some are called "proton pump inhibitors." This medicine is usually used to treat heartburn, which is when acid that is normally in the stomach backs up into the esophagus. People with EoE sometimes have heartburn, but the medicine can help treat EoE.

Other medicines include steroids, which help reduce inflammation. There are a few types of these medicines. The one most commonly used is called "steroids." Some medicines include enteric-coated steroids, which are used in adults and children. Some medicines include "steroids." These medicines come in a device called an "oral steroid." They are used to treat eosinophilic esophagitis.

In rare cases, EoE causes a condition called "esophageal stricture," which is a narrowing of the esophagus. The main treatment for this condition is to use medicines to relax the muscle in the esophagus, called "dilation." This procedure is done

The use of UpToDate is governed by the terms of Use (2020 Copyright UpToDate, Inc. All rights reserved.)